IIDA

General Competition Rules 2026

Digital Feis Pricing

Registration Fee: $5 CAD
Solo Dances: $15CAD
Trophy Specials: $25CAD
2 Round Premiership/Championships: $35CAD

Shipping Included

NEW Save $5/ Competition by opting out of receiving awards. Opt out must be noted on registration form prior to entry deadline.*

Introducing - PlentyOfFeis

IIDA Utilizes PlentyOfFeis for all Digital Feis Management. A unique Digital Feis system allowing dancer's results to be kept in database for teachers and students, faster and more efficient video management and compilation and results productions reducing the risk of human error.

PlentyOfFeis (POF) Is a secure server where videos will be shared directly to adjudicators and results will come from adjudicators directly to tabulation.

Registering for PlentyOfFeis Organized Feis

All **Schools** must complete registration forms when competing in POF feis for the first time. This is used to organize dancer's results and ship awards.

School Registration Form:

All **Dancers** must complete the dancer registration form when competing in POF feis for the first time. This is used to assign a unique dancer number and organize personal results.

Dancer Registration Form:

File Naming System

All Files must be named following the below naming convention. Files labeled incorrectly will not be viewed

Feis Event ID (E#####), Competition Number (C####), Participant Number (P###), Round Numbers (R#)

EX: For IIDA Digiochtas

Feis Event ID: 010
Competition: Beginner Reel
Participant : 201
Round: For championships R1 or R2

File Name Solos:
E008_C100_P201

File Name Championships:
E008_C8000_P79_R1

*Event ID is noted at the top of feis registration form

*Competition Numbers found in reference table below

*Dancers must complete Dancer registration form to receive unique dancer number used for every IIDA Feis

General Rules

Entries:

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- Ages are taken from the first of January of the year.
- IIDA competitions are open to dancers from all organizations or Independent status.
- All entries must be in before or on the stated closing day. Any entries after the closing date will not be recognized.
- Entry Fees and Videos must be sent in before or on the stated closing day.
- Any incomplete entries will not be recognized.
- Entry must be fully complete and with the correct information. Any misinformation could result in the entry not being recognized.
- All entries are non-refundable.
- Age groups will depend on entries.
- Judges' decision is final.
- Pre-Beginner Level open to first feis dancers, new beginner dancers. Once dancers have competed another solo competition they are no longer eligible for pre-beginner.

Grading/ Results:

- Dancers can enter as many grades as they wish as long as they have not previously won out of the grade for that dance. Dances must be to appropriate music speed for the level of competition entered.
- Dancer's who place first with a minimum of 5 dancers must progress to the next level in all future IIDA Competitions within 30 days of the win. Any other placements may progress at teacher discretion.

- Results will be announced on the Event Facebook Page with full detailed results emailed to teacher following the event.
- Full videos of all competitors will be shown on social media for full transparency of all competitors. If you do not wish your dancer's image or name to be published on social media please indicate this on your registration form.

Grading/ Level Progression

Solo Dances:

- Beginner, Primary, Intermediate and Prelim Competitions are open to those dancers who have not moved up from that respective grade in that dance for any organisation.

Trophy Dances:
- Dancers may choose any dance for the dance of choice special. This dance must be at or below that grade to enter. A first place win will progress the dancer in their chosen dance with a minimum of 5 dancers in the competition.
- When entering a trophy dance where you choose your dance, you must choose a dance you have in that grade or below.

Premierships:
- Premiership Levels Should be entered based on the level the dancer is in for solos.
- Dancers must enter 2 solo rounds to qualify to enter the premiership.
- Premierships consists of 2 rounds. **Round 1**: Reel, **Round 2:** Light Jig or Treble Jig

- If a dancer is in 3 different grades for the listed dances then they enter the premiership of the middle grade. Example:
Beginner – Treble Jig, Primary – Light Jig, Open – Reel:
Premiership = Primary

Championships:
Championships are open to dancers who compete in Intermediate/Prelim/Open in Solos (Intermediate dancers may enter both the premiership and championship)

Round 1: Hard Shoe, **Round 2:** Soft Shoe

Videos:

- All videos must be clear and of good quality.
- Dancers are permitted to enter videos they have previously used within the previous 30 Days in other virtual competitions, so long as they are not wearing numbers of previous competitions.
- Dancers may submit the same video for multiple dances in the same competition. (reel solo and reel trophy)
- Videos must be filmed in landscape.
- Dancers must be fully visible throughout the performance.
- All music, including the intro, must be played during the recording and must be clearly heard on the video.
- No time-wasting in the videos; the video should start at the intro and end immediately after the dancer finishes/bows.
- Dancers must have a safe space to film their dances.
- Videos must be clearly labeled as required above. Any mislabeled videos may not be recognized.
- Dancers must be in appropriate attire and footwear during their performance as if they were on stage. Attire must have appropriate coverage, no active wear or sports clothing allowed. No solo dresses in the beginner category.

Dancing and Movement:

- Choreography should be appropriate to the grade dancers are competing in.
- Beginner choreography should be basic and traditional.
- Pre-Beginner competitions: dancers may perform Jump 23's, Skips/Sevens, or Beginner Reel.
- Dancers are to dance at the same speeds as they do in their own organization/class.
- Dance Lengths as noted below for each level
- Required bars will be posted on each syllabus.
- All organization versions of Traditional Sets are accepted.
- All organizations' Modern Set Dances are accepted.

Postage and Awards:

- All Jump23 dancers will place. In all other Competitions top 3 dancers with receive awards with 5 or fewer dancers. In competitions with 6 or more dancers top 50% will receive awards.
- Trophies are determined based on entries. 5 or fewer = Top 3 receive trophies, 6 or more = Top 5 receive trophies.
- IIDA cannot take any responsibility for incorrect or missing addresses on the entry form.
- Postage can take some time and dancers must be patient.
- In an effort to reduce our carbon footprint, all dancers' from the same school's awards will be combined and shipped to the teacher's address.

Open Platform Level Guide				
IIDA	**CRN**	**Chomdhail**	**RTN**	**WIDA**
Beginner	Bunghad	Beginner A	Beginner	Beginner
Primary	Ullmhúchán	Beginner B	Intermediate	Primary
Intermediate	Meánghrád	Beginner C	Novice	Intermediate
Preliminary	Ardghrád	Pre-Open	Prizewinner	Open
Open	Craobhghrád	Open	Champion	Open

Scoring System

Our Scoring System will be based on a 100 Point System Focusing on the below main skill areas with each skill area scored out of a total possible 20 points.

*Dancers with a score of 80 or higher may progress to the next level at teacher discretion or with first place.

Skills		Scoring		
Knowledge		18-20	Outstanding	I have mastered this category, for this dance, at this level.
Timing		15-17	Strong Area	I am accomplished at this; This is one of my strengths.
Lower Body Technique		12-14	Satisfactory	I am doing a good job of learning this, and will keep improving.
Upper Body Technique		7-11	Weak Area	I am having trouble with this right now, but will continue to work on it
Overall Presentation		0-6	Incomplete or inappropriate	Used when a dancer is dancing unsafely, when a dance is not the required length, or the dancer is competing in an inappropriate level

Championships will be added up between all rounds for an overall total score.

Age groups may be combined if less than 3 dancers are in any given competition. Full scores and results will be sent to teachers as soon as they are available after the final results have been announced.

Scoring System Explained

Our Scoring System will be based on a 100 Point System Focusing on the below main skill areas with each skill area scored out of a total possible 20 points.

*Dancers with a score of 80 or higher may progress to the next level at teacher discretion or with first place.

Skills	Skills Considered	
Knowledge	Clear memory of steps, dancer looks confident while performing steps without visible confusion or overthinking while dancing.	
Timing	Dancer is in time with the music, and dancing the correct number of bars as required for this specific dance.	
Lower Body Technique	Cross, Turnout, Pointed toes, toe height, extension, overall control	
Upper Body Technique	Arms, shoulders, hand, overall control of posture	
Overall Presentation	Dancer is wearing appropriate attire for competition. Overall impression of joy and confidence while performing.	

Championships will be added up between all rounds for an overall total score.

Age groups may be combined if less than 3 dancers are in any given competition. Full scores and results will be sent to teachers as soon as they are available after the final results have been announced.

Music Speeds

IIDA Feis Music Speeds

	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig	Hornpipe
Beginner	121 - 124	116	116-124	121 - 128	84-96	136-138
Primary	113 - 120	116	116-125	113 - 128	73 - 96	113 - 138
Intermediate	113	116	116-126	113	73	113
Prelim/Open	113			113	73	113
Modern Set Minimum Speeds					66	76

Traditional Set Music Speeds

Trad Set	Speed	Timing
St.Patrick's Day	92	Treble Jig
Jockey to the Fair	92	Treble Jig
Three Sea Captains	88	Treble Jig
Blackbird	146	Hornpipe
Job of Journeywork	138	Hornpipe
Garden of Daisies	138	Hornpipe
King of the Fairies	130	Hornpipe
The Hunt	130	Hornpipe
White Blanket	130	Hornpipe